



## BREAKFAST AND BRUNCH MENU

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### BREAKFAST SMOOTHIE BOWL 8.00

Banana, blueberries, strawberries, coconut and cocoa blended with oats for a feel good kick start to your morning.

Topped with shaved coconut, berries and honey.

### BIRCHER MUESLI 7.00

Rolled oats soaked for 24 hours with apple, apricot, pepitas seeds, sunflower kernels, currants, coconut, cinnamon and honey. Topped with greek yoghurt, blueberries and honey.

### TOASTED MUESLI 5.00

Topped with greek yoghurt, blueberries and honey.

Add milk (full cream / hilo / soy / almond / coconut)

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### BANANA BREAD \* FRUIT AND NUT BREAD

4.50

### HONEST GOODS Co PALEO BREADS

Apple Cinnamon / Coconut / Ginger / Banana

5.50



## PRE ORDER ONLY

ALL AVAILABLE TOASTED WITH BUTTER

TOASTED BAGEL 4.00

TOAST 3.00

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## ADDITIONS

BUTTER AND JAM

2.00

VEGEMITE

1.00

CREAM CHEESE

2.00

SMASHED AVOCADO WITH LIME

3.00



## GROUP CATERING

### PACKAGE ONE

9.00

A choice of any beverage on the menu paired with banana bread, muffin or Sweet Mummsa Lies slice

### PACKAGE TWO

11.00

A choice of any beverage on the menu paired with our whole range of sweets and treats including Rawlicious and Sugarless Bakery range

### PACKAGE THREE

Choose one of the above packages to also include the Cheezus Crust range  
(Additional cost)

CLASSIC RANGE 5.00

MAC DADDY RANGE 8.00

HOLY BAGEL 8.00

If you have a larger group or, would like to consider a wider choice for your group, why not consider our platters?

We have a range already created but you can also create your own so we can best cater for your event.



## **PLATTERS**

### **VEGAN/GLUTEN FREE PLATTER**

Including Sugarless Bakery, Bircher Muesli, Honest Goods Company breads and Rawlicious Rawballs.

From \$10 per person

### **SWEET TOOTH PLATTER**

Including a selection of our muffins, Mummas Sweet Lies slices and Banana Bread

From \$8 per person

### **CHEEZUS CRUST PLATTER**

Choose from the delicious toastie and bagel range from our local supplier Cheezus Crust.

Options include

- breakfast and lunch
- sweet and savoury
  - vegetarian
  - gluten free

From \$MP per person

### **KIDS PARTY PLATTER**

Including Fairy Bread, Jelly Cups and Cheezus Crust Nutella and Banana Bagels

From \$6 per child

Additional snacks can be included.

### **CREATE YOUR OWN PLATTER**

Want to bring your own ideas to the table? We'd love to create your ideal platter!

From \$MP per person



## SUPPLIER SELECTIONS

### MUFFINS

Blueberry / Raspberry White Chocolate / Apple Cinnamon Custard /  
Lemon Curd and Raspberry / Pear and Custard / Carrot and Walnut

Additional flavours available on request

### MUMMAS SWEET LIES SLICES

Baked, or cold set slices, featuring a huge selection of your favourite chocolate bars.

Each week brings us a new surprise range.

### RAWLICIOUS RAWBALLS (VEGAN / GF)

Pick Me Up and Go / Jaffa / Super Choc Obsession / Fig and Cacao /  
Choc Mint / Chia and Walnut / Nut and Seed

### HONEST GOODS COMPANY (PALEO)

Apple Cinnamon / Coconut / Ginger / Banana

### SUGARLESS BAKERY

Mousses (vegan) - Cookies and Cream / Lemon and Coconut / Caramel Latte /  
Peanut Butter Cup

Donuts - Strawberry Lemonade / Cookie Dough / Choc Mint / Ferraro Rocher

Slices (vegan) - Kingston / Chocolate Cranberry